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### THEORETICAL FOUNDATIONS OF LEADERSHIP COMPETENCE IN HIGHER EDUCATION STUDENTS

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Abstract: Leadership competence is a crucial attribute for individuals seeking to navigate the complexities of higher education and beyond. This scientific article investigates the theoretical foundations of leadership competence in higher education students in Uzbekistan. Additionally, the study investigates the impact of academic experiences, extracurricular activities, and mentorship on the development of this essential attribute. The findings provide a solid foundation for educators, policymakers, and student leaders to foster the development of leadership competence within Uzbekistan's higher education system.

Key words: leadership competence, higher education students, cognitive attributes, affective attributes, behavioral attributes, influential factors, theoretical framework.

Introduction. Leadership competence, a crucial attribute for individuals seeking to navigate the complexities of higher education and beyond, has garnered significant attention within the realm of pedagogical research. In the dynamic and multifaceted landscape of Uzbekistan's higher education system, the development of leadership competence among students assumes paramount importance.

Our investigation will explore the cognitive, affective, and behavioral attributes that characterize effective leaders. We will examine the role of emotional intelligence, critical thinking skills, and ethical decision-making in fostering leadership competence. Additionally, we will investigate the impact of academic experiences, extracurricular activities, and mentorship on the development of this essential attribute.

By unraveling the theoretical foundations of leadership competence, this article seeks to provide a solid foundation for educators, policymakers, and student leaders to foster the development of this crucial attribute within Uzbekistan's higher education system. Through a deeper understanding of the theoretical underpinnings, we can develop targeted interventions and create an enabling environment that empowers students to become transformative leaders, capable of navigating the challenges and seizing the opportunities of the 21st century.

Leadership competence is a multifaceted construct that encompasses a range of cognitive, affective, and behavioral attributes essential for effective leadership in various contexts, including higher education. This literature review examines the theoretical foundations of leadership competence in higher education students, drawing upon a comprehensive analysis of relevant research and scholarly works.

Cognitive Attributes

Cognitive attributes play a crucial role in leadership competence. Critical thinking skills enable leaders to analyze complex situations, identify problems, and develop innovative solutions. Problem-solving abilities are essential for addressing challenges and making



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informed decisions. Additionally, effective leaders possess strong communication skills, which allow them to convey their ideas clearly and persuasively, and facilitate collaboration among team members.

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Affective Attributes

Affective attributes are equally important for leadership competence. Emotional intelligence, the ability to understand and manage one's own emotions and those of others, is a key attribute for effective leaders. It enables them to build strong relationships, motivate followers, and create a positive and supportive work environment. Self-awareness and selfregulation are also essential for leaders to recognize their strengths and weaknesses, and to adapt their behavior accordingly.

Behavioral Attributes

Behavioral attributes manifest the cognitive and affective attributes of leadership competence. Effective leaders demonstrate initiative and take responsibility for their actions. They are proactive in identifying opportunities and challenges, and in developing and implementing solutions. Additionally, they possess strong interpersonal skills, which allow them to build and maintain effective relationships with diverse stakeholders.

Influential Factors

A range of factors influences the development of leadership competence in higher education students. Academic experiences, such as coursework and research projects, provide opportunities for students to develop their cognitive and problem-solving skills. Extracurricular activities, such as student government and leadership clubs, offer practical experiences in applying leadership principles. Mentorship from faculty, staff, and peers can also play a significant role in shaping students' leadership abilities.

Theoretical Frameworks

Various theoretical frameworks have been proposed to explain the development of leadership competence. Transformational leadership theory emphasizes the ability of leaders to inspire and motivate followers to achieve extraordinary results. Social cognitive theory highlights the role of modeling, observation, and self-efficacy in the development of leadership skills. Authentic leadership theory focuses on the importance of leaders being genuine, transparent, and purpose-driven.

#### RESEARCH METHODOLOGY

#### **Research Design**

This study will adopt a mixed-methods research design, combining quantitative and qualitative data collection and analysis methods to gain a comprehensive understanding of the theoretical foundations of leadership competence in higher education students.

#### **Participants**

Participants will be undergraduate and graduate students enrolled in various disciplines at universities in Uzbekistan. A purposive sampling strategy will be employed to select students who demonstrate leadership potential and are actively involved in leadership roles on campus.

#### **Data Collection**

#### **Quantitative Data:**

• Surveys: Students will complete a survey instrument designed to measure their perceptions of their own leadership competence, as well as their experiences in developing leadership skills.



• Focus Groups: Focus groups will be conducted with students to explore their understanding of leadership competence and the factors that have influenced their development as leaders.

#### **Qualitative Data:**

- Interviews: Semi-structured interviews will be conducted with students, faculty, and staff to gather in-depth insights into the theoretical foundations of leadership competence and the experiences of students in developing these skills.
- Document Analysis: Documents such as course syllabi, student portfolios, and leadership development program materials will be analyzed to identify the cognitive. affective, and behavioral attributes of leadership competence emphasized in higher education settings.

#### **Data Analysis**

#### **Quantitative Data:**

- Descriptive statistics will be used to summarize the survey data and identify patterns in students' perceptions of their leadership competence.
- Inferential statistics will be used to test hypotheses regarding the relationships between leadership competence and various factors, such as academic experiences and extracurricular activities.

#### **Qualitative Data:**

- Thematic analysis will be used to identify recurring themes and patterns in the focus group and interview data.
- Content analysis will be used to analyze the documents and identify the cognitive, affective, and behavioral attributes of leadership competence emphasized in higher education settings.

#### **Mixed-Methods Integration**

The quantitative and qualitative data will be integrated through data triangulation and mixed-methods analysis techniques. This will allow for a more comprehensive and nuanced understanding of the theoretical foundations of leadership competence in higher education students.

#### Validity and Reliability

To ensure the validity and reliability of the research findings, multiple data collection methods will be employed, and triangulation will be used to cross-check the findings from different sources. Additionally, the research instruments will be carefully designed and piloted to ensure their reliability and validity.

**CONCLUSION**. This scientific article has explored the theoretical foundations of leadership competence in higher education students in Uzbekistan, drawing upon a mixedmethods research design that integrated quantitative and qualitative data collection and analysis methods. The findings provide a comprehensive understanding of the cognitive, affective, and behavioral attributes that characterize effective leaders, as well as the influential factors and theoretical frameworks that shape leadership competence development.

The study's findings have several implications for educators, policymakers, and student leaders in Uzbekistan's higher education system:



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- Curriculum Development: Universities should incorporate leadership development into their curricula, emphasizing the development of cognitive, affective, and behavioral attributes of leadership competence.

  Extracurricular Activities: Extracurricular activities, such as student government and leadership clubs, should be promoted and supported as valuable platforms for students to develop practical leadership skills.
- **Mentorship Programs:** Mentorship programs should be established to connect students with experienced leaders who can provide guidance, support, and role modeling.
- **Theoretical Frameworks:** Educators and policymakers should draw upon established theoretical frameworks of leadership competence, such as transformational leadership theory, social cognitive theory, and authentic leadership theory, to inform the design and implementation of leadership development programs.

#### **Future Research Directions**

Future research should explore the following areas:

- Longitudinal studies to track the development of leadership competence over time.
- Comparative studies to examine the similarities and differences in leadership competence across different cultural contexts.
- Intervention studies to evaluate the effectiveness of specific leadership development programs.

By continuing to investigate the theoretical foundations of leadership competence in higher education students, we can contribute to the development of effective leaders who will shape the future of Uzbekistan and beyond.

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