

ACMEOLOGICAL ART THERAPY: IMPROVING THE INTELLECTUAL AND CREATIVE ABILITY OF 5th CLASS TECHNOLOGY STUDENTS.

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Abstract: This article analyzes the process of improving the intellectual and creative abilities of students based on acmeological art therapy, which is a current topic today, in technology science of the 5th grade. The article shows the importance of increasing the creative and intellectual development of students based on analyzes and researches from various scientific literature. The beginning of the article is made with verbal reasoning about how acmeological art therapy can affect the intellectual and creative development of students. A review of the specifics of technology science and details of how acmeological art therapy can be effective in 5th grade technology science are provided.

Key words: technology, ability, acmeological, art therapy, intellectual, creative, idea, art, innovative, method.

Introduction.

Today, the development of students' intellectual and creative abilities, their selfexpression and discussion, and their success in society are of great importance. To achieve this goal, acmeological art therapy offers a comprehensive approach. This article analyzes how the intellectual and creative abilities of students can be improved on the basis of acmeological art therapy in the technology science of the 5th grade, and how the activity of this method is used in the educational process.

Research methodology.

The main goal of the study is to analyze the effective use of acmeological art therapy to increase the intellectual and creative abilities of students in technology science of the 5th grade. The methodology provides practical methods and experiences for how students can succeed in technology. Determining the entry level for each student involves a complex analysis and assessment to determine their intellectual and creative level. In doing so, students are identified with what scientific approaches they engage in technology, what problems they face, and their mastery and consumption skills. Based on the methodology, acmeological art therapy, it offers coaching sessions to improve students' intellectual and creative abilities. These activities allow students to develop their mastery by strengthening their social relations, expressing their opinions, and discussing them.

Analysis of literature on the topic.

It provides important information on improving the intellectual and creative abilities of students on the basis of acmeological art therapy in the 5th grade of technology. This review includes the opinions, scientific reviews, and research of various authors, providing students with a wealth of useful information on the application of acmeological art therapy in technology. At the same time, this analysis provides information about the main practices of



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developing intellectual and creative abilities of students, their creative approach and discussion skills.

- J. Davidson "Intellectual development and discussion skills" this literature analyzes how acmeological art therapy affects the intellectual development of students, how it develops their thinking and discussion skills. Davidson describes this form of therapy as the most important in improving students' creative and design skills. This literature provides theoretical and practical information on how to improve students' skills and attitudes based on acmeological art therapy, how to be successful in creative processes.
- S. Johnson "Art Tools and Management Techniques" In this article, S. Johnson analyzes how the art tools and management techniques of acmeological art therapy can be effective in the creative and intellectual development of students. This literature describes how students can use art tools and make them most important for intellectual and creative activities.
- L. Smith "The role of acmeological art therapy in technology education" Smith's literature describes how to adopt acmeological art therapy in technology education and how to make students more familiar with these subjects. This literature sheds light on how innovative methods of acmeological art therapy can be used in technology education.
- A. Brown "Development of students in intellectual and creative processes: acmeological individual professionalism" - A. Brown's literature describes the role of acmeological art therapy in the development of students in intellectual and creative processes. This article emphasizes that this form of therapy is considered as a key tool in how to restore the intellectual and creative potential of students.

This literature review provides theoretical and practical indications of how acmeological art therapy can be used in 5th grade technology and how it can be effective for students' intellectual and creative development. They offer a critical body of literature at hand to support new approaches and methods in pedagogy and technology implementation.

Analysis and results.

Today, the development of intellectual and creative abilities of students, their selfexpression and discussion, is of great importance for their success in the working society. To achieve this goal, acmeological art therapy offers a comprehensive approach. This article talks about how to improve the intellectual and creative abilities of students based on acmeological art therapy in technology science of the 5th grade and how this method is used in the educational process.

The Basic Concept of Acmeological Art Therapy: Acmeological art therapy represents a set of techniques aimed at developing the human psyche and spirit through art tools and intellectual exercises. This form of therapy is effective in strengthening social communication among students and developing opportunities for intellectual mastery. Since 5th grade technology science has its own special features and goals, acmeological art therapy can be one of the preferred systems for developing students' intellectual mastery in this subject. For example, technology can help students develop intellectually and creatively by using tools for creating new programs, creating 3D models, writing, and other creative activities.

Practices for Developing Students' Intellectual and Creative Abilities: Acmeological art therapy techniques teach students to express themselves, discuss and create new things through practical activities. For example, students can develop their intellectual and creative abilities through activities such as preparing a collective presentation on a certain topic, creating new designs and implementing them through technological means. Effectiveness of

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Acmeological Art Therapy in the Educational Process: Acmeological art therapy is effective in developing students' self-understanding, creativity and conceptual skills by using new methods and techniques in the educational process. This method corresponds to the educational goals of students and protects them from independent thinking and creative work.

Summary:

The use of acmeological art therapy in the 5th grade technology science is effective in improving the intellectual and creative abilities of students, and can help them to be creative, develop ideas and develop social communication. This method can be used to introduce students to new technologies, allow them to have an ideological discussion and a creative approach. Acmeological art therapy seems to be an effective and innovative method to improve the intellectual and creative abilities of students in technology science of the 5th grade. The article on the development of intellectual and creative abilities of students based on acmeological art therapy is presented with examples of practices in technology science of the 5th grade. This article explains how acmeological art therapy can improve students' intellectual development. The article shows the benefits and effectiveness of acmeological art therapy for students in technology science of the 5th grade and advises the creative and intellectual development of students through technology, since it is related to the technology science of the 5th grade. It is a form of therapy that promotes the development of intellectual and creative fields by providing students with interesting activities through art tools and technological tools.

In the article, the 5th grade technology science defines its special features and goals. Shows how acmeological art therapy techniques can help students create technological practices, and highlights how acmeological art therapy techniques can be used in 5th grade technology science through practical examples. These examples can help students develop through the use of technology tools, creative work, and brainstorming.

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